

THANK YOU FOR
COMING!



17

16



Safe
Space Running

QUARTERLY
MEET UP

CONNECT, SHARE, LEARN

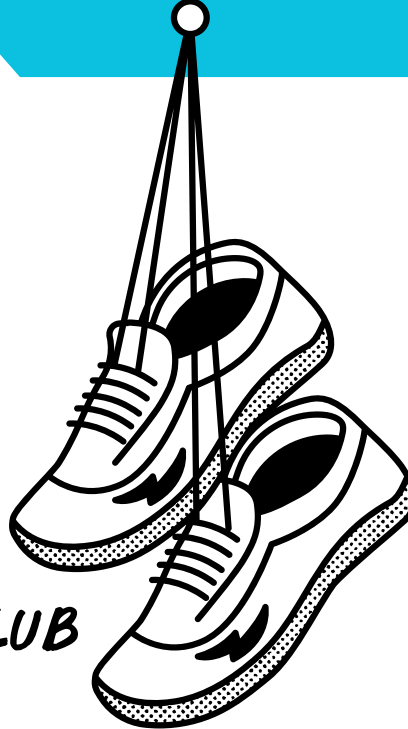
AUGUST 16TH, 2026
5PM



23

AGENDA

- ICEBREAKER / MEET AND GREET
- LOCAL CLUB HIGHLIGHT
- PANEL – SUSTAINING A HEALTHY CLUB
- OPEN DISCUSSION



PANEL MEMBERS



STRETCH M
ERC



MICHELLE B.
LEZ RUNS



Nick B
SNRC

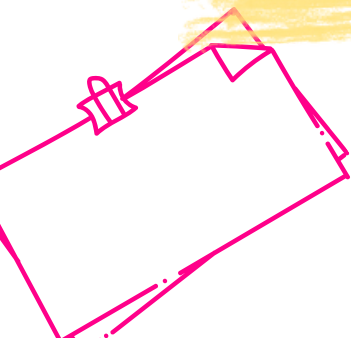


Malik W.
BMR



Erica D.
BGR

SPECIAL SHOUT OUT TO JENNINGS JAVA
ARTISAN COFFEE ROASTERS FOR
ALLOWING US TO USE THEIR SPACE!



Club Highlight



SATURDAY 8AM
MORNINGSIDE DR. AND CLINTON HEIGHTS AVE

Clintonville Run Club is a free, community-centered run and walk club in Clintonville, Columbus, created to bring neighbors together through movement, connection, and a shared love of the neighborhood.

Started in January 2026, the club has grown from a small group into a welcoming weekly community of runners and walkers of all ages and paces. We meet every Saturday at 8 a.m. for a 3-mile run or shorter walk, followed by coffee, treats, conversation, and time to connect. Runners, walkers, strollers, kids, and dogs are all welcome, with no pace requirements or pressure.

At its heart, Clintonville Run Club is a love letter to our neighborhood—and proof that something as simple as moving together can build connection, confidence, friendship, and community.



Club Highlight



SATURDAY 9AM
GAHANNA CREEKSIDE

Bad Girls Run Club was founded in 2022 by Whole You Wellness Studio owner Fatima Bouyer. It began organically as a small group of women coming together to move, connect, and hold one another accountable has grown into a supportive running community where women of all fitness levels can find their stride.

In 2024, Certified Run Coach Marisa Gray joined the leadership team, bringing additional expertise in running technique, proper warm-ups, training, and injury prevention.

The club follows three seasonal training cycles each year:

Spring: March-May
Summer: June-August
Fall: September-November

During each cycle, members train toward a goal race and may participate as runners, walkers, or race-day volunteers. Bad Girls Run Club remains rooted in the same values it was built upon: sisterhood, accountability, encouragement, and making sure every woman feels supported on her journey to the starting line.





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PROJECTS

- FIRST TIME RACE PROGRAM
- CLUB DIRECTORY
- COLUMBUS MARATHON VOLUNTEER AND CHEER STATION
- CLUB RESOURCE INQUIRIES
- NEVERSECOND NUTRITION SEMINAR (FREE)

FOR MORE INFO OR COLLABORATIONS,
LET US KNOW!

